

PSED Home Learning - Celebrating Difference F2

The Early Years Foundation Stage includes PSED (Personal, Social and Emotional Development) as part of the curriculum. Our setting uses the programme Jigsaw PSHE to teach this which includes opportunities for your children to learn about and experience a range of opportunities to develop their PSED skills through adult-led and child-initiated (play-based) experiences. Each term includes a new theme which is underpinned by PSED knowledge and social and emotional skills. You can see below what is covered in this puzzle and the different ways that you can support your child's learning at home through the suggested ideas.

What is Celebrating Difference?

In this Puzzle (unit); Celebrating Difference, children are encouraged to think about things that they are good at whilst understanding that everyone is good at different things. They talk about being different and how that makes everyone special but also recognising that we are the same in some ways. The children talk about their homes and are asked to explain why it is special to them. They talk about friendship and how to be a kind friend and how to stand up for themselves if someone says or does something unkind to them.

Suggested ways that you can help your child at home...



<p style="text-align: center; color: #00a0c0; font-weight: bold;">1</p> <p>Super Me - Talk to your child about the things that they are good at, at home.</p> <p>You could talk about things that they are learning to do that support their growing independence.</p> <p>This could include getting dressed, brushing their teeth, using cutlery etc.</p>	<p style="text-align: center; color: #00a0c0; font-weight: bold;">2</p> <p>Confidence Jar - Ask families to create a confidence jar. Ask the children to decorate a recycled container such as a jar or bottle with craft materials. Families to encourage their child to take responsibility for the jar by noticing when they do something that they are proud of. They can post an object of choice into the jar, such as pom-poms, counters etc. and have this as a visual aid to show them that they are good at so many things!</p>	<p style="text-align: center; color: #00a0c0; font-weight: bold;">3</p> <p>Family Photos - Ask families to look through printed or digital photos of family members. Ask families to explore the questions: Do you all look the same or are you different? Why?</p>
<p style="text-align: center; color: #00a0c0; font-weight: bold;">4</p> <p>My Home - Families are invited to talk to their children about their home/favourite room and why it is their favourite. Children could play a game of 'hide and seek' in the home with family members, exploring different areas!</p>	<p style="text-align: center; color: #00a0c0; font-weight: bold;">5</p> <p>A Play Date! - Invite families to support friendships beyond the classroom by arranging a play date for their child outside of school. This could include a free outing by meeting up at the park or visiting one another's house.</p>	<p style="text-align: center; color: #00a0c0; font-weight: bold;">6</p> <p>Kindness Jar - Families to create a kindness jar in the home – encourage the children and other family members to place pom-poms (or another counter object) into the jar when someone says or does something kind for them.</p>