

PSED Home Learning - Dreams & Goals F2

The Early Years Foundation Stage includes PSED (Personal, Social and Emotional Development) as part of the curriculum. Our setting uses the programme Jigsaw PSHE to teach this which includes opportunities for your children to learn about and experience a range of opportunities to develop their PSED skills through adult-led and child-initiated (play-based) experiences. Each term includes a new theme which is underpinned by PSED knowledge and social and emotional skills. You can see below what is covered in this puzzle and the different ways that you can support your child's learning at home through the suggested ideas.

What is Dreams & Goals?

In this Puzzle (unit), Dreams and Goals, children talk about challenges and facing up to them. They discuss not giving up and trying until they have achieved their goal. The children are encouraged to think about jobs that they might like to have when they are older and are taught to associate what they learn now with being able to have the job they want. They also talk about achieving goals and the feelings linked to this.

Suggested ways that you can help your child at home...



<p style="text-align: center; font-weight: bold; color: #00a0c0;">1</p> <p>Tricky Challenges - Talk to your child about something they want to learn or get better at. Practise the skill together. You may need to show them whilst providing lots of opportunities for your child to have a go themselves.</p>	<p style="text-align: center; font-weight: bold; color: #00a0c0;">2</p> <p>Perseverance - Continue practising the skill decided on.</p> <p>Talk to your child about strategies to keep persevering when they may feel like giving up i.e. take a break, try a different way, calm breathing etc.</p>	<p style="text-align: center; font-weight: bold; color: #00a0c0;">3</p> <p>Library - Visit the library and find a book about a character who is trying their best and not giving up.</p> <p>Look through a range of books together to find one about this theme; this will also require a little resilience to find something suitable.</p>
<p style="text-align: center; font-weight: bold; color: #00a0c0;">4</p> <p>Being Kind - Talk to your child about your family. Discuss what makes each person special and what they do or say that is kind. How does it make your child feel?</p>	<p style="text-align: center; font-weight: bold; color: #00a0c0;">5</p> <p>Jobs - Have a chat about the different types of jobs that you and other family members do.</p> <p>What do you have to learn to do, to do your job well? Talk about the skills involved.</p>	<p style="text-align: center; font-weight: bold; color: #00a0c0;">6</p> <p>Time to Celebrate! - You're Invited!</p> <p>Come into class on</p> <p>to celebrate the hard work your child has put in this term towards achieving their goals at school and home.</p>