

Jigsaw PSHE is a progressive scheme of learning where knowledge and skills build year on year across the programme. The table below shows how the **Celebrating Difference** Puzzle (unit of work) develops in this year group, including some of the key vocabulary. Schools may adapt content to fit their policy, so please check with your child's school for specific details.

<b>Ages 9-10</b>	<b>Puzzle overview: Celebrating Difference</b>	
	<p>In this Puzzle, children explore cultural similarities and differences, reflect on their own identities, and consider how assumptions and stereotypes can lead to conflict. They develop an understanding of racism, discrimination and different forms of bullying, including rumours, name-calling and cyberbullying. Across the six Pieces, children practise problem-solving, managing feelings and supporting others who experience bullying. They explore how wealth and happiness are not the same and compare lives across the world, developing empathy and respect for different communities.</p>	
	<b>Knowledge</b>	<b>Social and emotional skills</b>
	<ul style="list-style-type: none"> <li>• I understand that cultural differences sometimes cause conflict</li> <li>• I understand what racism is</li> <li>• I understand how rumour-spreading and name-calling can be bullying behaviours</li> <li>• I can explain the difference between direct and indirect types of bullying</li> <li>• I can compare my life with people in the developing world</li> <li>• I can understand a different culture from my own</li> </ul>	<ul style="list-style-type: none"> <li>• I am aware of my own culture</li> <li>• I am aware of my attitude towards people from different races</li> <li>• I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one</li> <li>• I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied</li> <li>• I can appreciate the value of happiness regardless of material wealth</li> <li>• I respect my own and other people's cultures</li> </ul>
	<b>Vocabulary</b>	
<p>appearance, assumptions, banter, bullying, colour, community, continuum, culture, cyber bullying, difference, direct, developing world, disability, discrimination, fair, happiness, homophobic, indirect, included, name-calling, race, racist, racism, respected, respect, rumour, sexist, similarity, stereotype, texting</p>		

This page offers simple ways to support your child's learning at home. The questions, ideas, and resources below encourage meaningful discussion, independence, and practising key life skills in everyday situations.

Talking Together: suggested questions to support 'Celebrating Difference' learning at home			
Ages 9-10	<b>Culture and identity</b>	<b>Assumptions, stereotypes and conflict</b>	<b>Racism and discrimination</b>
	<ul style="list-style-type: none"> <li>• What does culture mean to you?</li> <li>• What is special about your own culture or background?</li> <li>• How can we show respect for different cultures?</li> </ul>	<ul style="list-style-type: none"> <li>• What is a stereotype?</li> <li>• How can assumptions lead to misunderstandings or conflict?</li> <li>• Why is it important to challenge stereotypes?</li> </ul>	<ul style="list-style-type: none"> <li>• What does racism mean?</li> <li>• How might discrimination make someone feel?</li> <li>• What can we do if we see someone being treated unfairly?</li> </ul>
	<b>Bullying (including online)</b>	<b>Empathy, fairness and global understanding</b>	<b>Problem-solving and supporting others</b>
	<ul style="list-style-type: none"> <li>• What is the difference between direct and indirect bullying?</li> <li>• What is cyberbullying and how might it affect someone?</li> <li>• What should you do if bullying happens online or in person?</li> </ul>	<ul style="list-style-type: none"> <li>• How might life be different for children in other parts of the world?</li> <li>• Why doesn't having more money always mean more happiness?</li> <li>• How can we show empathy towards people whose lives are different to ours?</li> </ul>	<ul style="list-style-type: none"> <li>• What can you do to help solve a problem or conflict?</li> <li>• How can you support someone who is being bullied?</li> <li>• How can you encourage others to make kinder choices?</li> </ul>
<b>Resources and additional support for Families</b>			
<ul style="list-style-type: none"> <li>• <a href="#">Anti-Bullying Alliance</a> – guidance for families on understanding bullying and how to support children</li> <li>• <a href="#">BookTrust</a> – high-quality book recommendations for children about diversity, empathy, fairness and global understanding</li> <li>• Visit your local library to explore a range of age-appropriate fiction and non-fiction books linked to the Celebrating Difference theme.</li> </ul>			
<b>School-based and local resources (editable box for teachers):</b>			